



# *Resource Guide*



## TUCSON LGBT CHAMBER OF COMMERCE Resource Guide

Tucson LGBT Chamber of Commerce  
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# *Community Resources Contents*

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## **3** Emergency | Crisis Lines

Immediate

## **4** Basic Needs

Clothing, Shelter, Food

## **6** Peer Support

Support Groups

Trans Support

BIPOC Support

## **8** Public Health

Mental Health

Behavioral Health

Domestic & Sexual Violence

## **9** Social Justice

Immigration

Child Welfare

Education

Advocacy



## *Emergency | Crisis Lines* - Immediate

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### ● National

1. The Trevor Project (ages 13-24) | 1-866-488-7386
2. Crisis Line 24/7 | Text the word "home" to 741-741
3. National Suicide Prevention Lifeline | 1-800-273-TALK (8255)
4. National Substance Use & Disorder Issues Referral & Treatment Hotline - SAMHSA | 1-800-662-HELP (4357)
5. SAGE National LGBT Elder Hotline | 1-877-360-LGBT (5428)
6. Trans Lifeline | 1-875-565-8860
7. US National Domestic Violence Hotline | 1-800-79-7233 for Eng./Spa. & 1-800-787-3224 (TTY)
8. US National Sexual Assault Hotline - RAINN | 1-800-656-4673

### ● Arizona | Pima County

1. Call 2-1-1 for free COVID-19 crisis counseling in Eng/Spa
2. Suicide and Crisis hotline served by Arizona Complete Health - Complete Care Plan | 1-866-495-6735
3. Suicide and Crisis hotline served by the Tohono O'odham Nation | 1-844-423-8759
4. Teen Life Line | 602-248-TEEN (8336)
5. Q Line for Questioning Youth | 1-800-527-4747
6. Veterans | 1-866-4AZ-VETS (429-8387)
7. Emerge! Domestic Violence Hotline 24/7 | 1-888-428-0101 | 520-795-4266
8. Trans Youth



## *Basic Needs* - Clothing, Shelter, Food

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- Clothing, food and shelter:
  - 1. 2-1-1 Arizona call, or visit [www.211arizona.org](http://www.211arizona.org)
- Clothing
  - 1. Sdfs
  - 2. Your Sister's Closet - YWCA | 520-884-7810 [info@ywcatuson.org](mailto:info@ywcatuson.org)
  - 3. UA Queer Closet
- Shelter
  - ▶ Emergency Housing Supports
    - 1. Rent & Utility Assistance - Tucson
  - ▶ Temporary Shelter
    - 1. Tucson Pima Collaboration to End Homelessness
  - ▶ Housing Supports
    - 1. Southern Arizona Aids Foundation (HIV/AIDS pop. eligible) | 520 628-SAAF (7223)
    - 2. Our Place Clubhouse (SMI eligible requisites) | 520-884-5553
    - 3. Habitat for Humanity | 520-326-1217
    - 4. Thornhill Lopez Center on 4th - (13-24yrs) SAAF | Email [tlc4@saaf.org](mailto:tlc4@saaf.org)
  - ▶ LGBTQ+ Youth Street Outreach and Shelter
    - 1. Youth On Their Own | 520-293-1136
    - 2. Our Family Services | 520-323-1708
  - ▶ Housing Search
    - 1. Pima County Housing Search



## *Basic Needs - Cont'd* - Food, Workforce

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### ● Food

1. SAAF Food Programs & Distribution | 520-628-SAAF (7223)
2. Community Food Bank of Southern Arizona | 520-622-0525
  - b. Caridad Community Kitchen (4th Ave) Day meals & meals to-go
3. TIHAN Poz Cafe (18+, people living with HIV, RSVP required) |  
520-299-6647x205 or [linkvolunteer@tihan.org](mailto:linkvolunteer@tihan.org)
4. Interfaith Community Services (ICS) | 520-297-6049
  - a. North side & East side locations
5. Pawsitive Friends Pet Food Bank | 520-628-SAAF (7223)

### ● Workforce

1. Tucson Indian Center



## *Peer Support Groups*

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- Support Groups | Trans Support | BIPOC Support
- ▶ Southern Arizona Aids Foundation (SAAF) | 520-628-SAAF (7223)
  - 1. General Socialization Peer Group: Wednesdays 11:30-12:30pm at the Euclid Office
  - 2. Coping Skills Group: Wednesdays 12:30pm-2:00pm at the Euclid Office
- ▶ Southern Arizona Gender Alliance (SAGA) | 520-345-4128
  - 1. General SAGA Meeting | AJ at [saga@sagatucson.org](mailto:saga@sagatucson.org)
    - a. 1st Monday of each month (including holidays) from 7:00pm-9:00pm
  - 2. Desert Sisters | Grayce at [desertsisters@sagatucson.org](mailto:desertsisters@sagatucson.org)
    - a. 2nd Mondays of each month from 7:00pm-9:00pm
  - 3. TGNC BIPOC Support Group (BIPOC TGNC and BIPOC Allies) | Yann at [transbipoc@sagatucson.org](mailto:transbipoc@sagatucson.org)
    - a. 2nd Wednesdays of each month from 7:00pm-9:00pm
  - 4. Gender Outlawz (non-binary, gender nonconforming spectrum) | Grayce at [genderoutlawz@sagatucson.org](mailto:genderoutlawz@sagatucson.org)
    - a. 3rd Mondays of each month from 7:00pm-9:00pm
  - 5. Desert Boyz (trans masculine spectrum) | AJ at [desertboyz@sagatucson.org](mailto:desertboyz@sagatucson.org)
    - a. 4th Tuesdays of each month from 7:00pm-9:00pm
  - 6. Families Transformed of Southern Arizona (parents/care takers) | Lizzette at [familiestransformed@sagatucson.org](mailto:familiestransformed@sagatucson.org)
    - a. 2nd Thursdays 6:00pm-8:00pm and 2nd Saturdays 10:00am-12:00pm (respectively) of each month
  - 7. Desert Counselorz (Therapists and service providers) | [desertcounselorz@sagatucson.org](mailto:desertcounselorz@sagatucson.org)
    - a. 3rd Saturdays of each month from 10:00am-11:30am
  - 8. Desert Advocatz (on hiatus) [desertadvocatx@sagatucson.org](mailto:desertadvocatx@sagatucson.org)
  - 9. Desert Partners (on hiatus) [desertpartnerz@sagatucson.org](mailto:desertpartnerz@sagatucson.org)



## *Peer Support Groups - Cont'd*

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- ▶ Senior Pride | 520 312-8923
  - 1. AA Meeting for Older Adults (Virtual 2021 & 2022)
    - a. Weekly on Mondays from 7:00pm-8:00pm
  - 2. LGBTQI Women's Grief Support Group
    - a. Weekly on Thursdays from 1:30pm-3:00pm
- ▶ Tucson Veterans Administration
  - 1. LGBT Veteran Care Coordinator 520-792-1450 Ext. 5904
    - a. LGBT Special Emphasis Program Manager 520-792-1450 Ext. 2094
- Jewish Tucson - JPride | 520-299-3000x168 or email [jpride@tucsonjcc.org](mailto:jpride@tucsonjcc.org)
- ▶ UA Arizona LGBTQ+ Affairs (Students)
  - 1. Queer & Trans People of Color (QTPOC)
- ▶ Tucson Interfaith HIV/ AIDS Network (TIHAN)
  - 1. Care Teams
- ▶ EON Youth Lounge
- ▶ BICAS WTF
- ▶ Pima County Public Library - Rainbow Reads Book Club
- ▶ Tucson Indian Center Two-Spirit Group of Tucson | 520-884-7131x234
  - 1. 2nd Tuesdays of each month





## *Public Health*

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- Mental Health | Behavioral Health | Domestic & Sexual Violence
- ▶ Pima County Health Dept
- ▶ El Rio Transgender Medical Services | 520-670-3909
- ▶ Arizona Complete Health
  1. Medicaid Member Services: 1-888-788-4408
  2. Nurse Advice Line: 1-866-534-5963 | TTY/TDY: 711
  3. Provider Customer Service: 1-866-796-0542.
  4. Behavioral Health Crisis Line: 1-866-495-6735
- ▶ SAGA Medical Wellness
- ▶ UA LGBTQ+ Health
- ▶ Banner UMC Safe Place for Care
- ▶ Arizona Department of Health Services





## *Social Justice*

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- Immigration | Child Welfare | Education | Advocacy
- ▶ Immigration
  1. Florence Immigrant & Refugee Rights Project (FIRRP)
  2. Mariposas Sin Fronteras / Butterflies without Borders
  3. LGBT Immigration Global Hearts United | 480-355-4245
- ▶ Child Welfare
  1. Foster / Adoptive Care Tucson
- ▶ Education
  1. SAGA Name and Gender Change Guide
  2. UA Institute for LGBT Studies
  3. Anti-Violence Project (SAAF) | 520-547-6190
  4. GLSEN | 602-705-9780
  5. PFLAG | 520- 360-3795 or via email [pflagtuc@pflagtucson.org](mailto:pflagtuc@pflagtucson.org)
  6. Restorative Practices
    - a. Center for Community Dialogue & Training, A Program of Our Family Services | 520-323-1708 x422
  7. Tucson LGBT Chamber of Commerce Style Guide for Language
- ▶ Advocacy
  1. City of Tucson Commission on GLBT Issues | 520-791-5348
  2. Equality Arizona | 480-201-2372
  3. Pima Council on Aging (PCOA)
  4. Trans Queer Pueblo
  5. HRC Arizona
  6. Stonewall Democrats